

Tandem Canoe Rescue

Course Overview:

This focused session introduces participants to essential rescue techniques for tandem canoeing in calm, sheltered waters. By the end of the course, participants will gain confidence in assisted rescues, ensuring they are prepared for unexpected situations on the water.

Course Topics:

- Canoe-over-canoe rescues
- Throw bag practice
- Hypothermia and hyperthermia awareness

Prerequisite: None

Upon Completion of the Course

Upon successful completion of the course participants will have the confidence and basic skills to perform a canoe-over-canoe rescue.

Where to Meet

Location: Maple Lake

Driving directions: <https://maps.app.goo.gl/jxjXRitiCQTDwSoF7>

Meeting Instructions: When you arrive at Maple Lake you can park in the parking lot. Arrive early as the lot can fill quickly. Make sure you have directions downloaded ahead of time because service is not great in this area. You will see a trailer of canoes—that's us! There are no change rooms or washrooms available.

What We Provide

Participants will be provided with the following Transport Canada-required gear:

- Canoe
- Paddle
- Lifejacket with whistle
- Throw bag
- Bailing device

If you have your own lifejacket, we recommend bringing it for a better fit and increased comfort.

What to Wear

You will be in the water for this class.

- Quick-dry clothing (avoid jeans or cotton); dress similarly to what you would wear for jogging or biking. It's best to practice capsizing in clothing that is similar to what you would wear paddling.
- Appropriate clothing for weather conditions
- A change of clothes (leave them in your car for after class)
- Water shoes or sandals that secure to your feet and provide traction on rocky beaches or boat ramps (flip-flops are not recommended)
- Wetsuits are available upon request

What to Bring

- A light jacket (for cooler weather)
- A hat
- Sunscreen
- A water bottle

Contact Information

For further questions, please email: lessonstours@comoxvalleykayaks.com

For urgent inquiries, please call or text Viki @ (306) 230-4030 (text preferred).

We look forward to seeing you on the water!