

Intro to SUP

Location: CVK, 2020 Cliffe Ave, Courtenay, BC

Thank you for registering for our Intro to SUP Class! We will provide a SUP, tether, and paddle for you.

You will likely be in the water a bit for this class, so a wetsuit is recommended; or if you prefer, a swimsuit under some quick dry clothes (no jeans or cotton). If you would like to wear a wetsuit, but don't have one, you may be able to borrow one from us for the class. It is also a good idea to bring a change of clothes & leave them in your car for afterwards.

Please arrive 10 to 15 minutes early to allow time to find parking and to complete a liability waiver.

We will spend about an hour on land with some instruction about boards, paddles, and required gear. Then we will get everyone set up on their board, and get you on the water for the remainder of the lesson.

If you have any further questions please email lessonstours@comoxvalleykayaks.com. For urgent enquiries please call/text Viki @ 3062304030 (text is preferred).

We look forward to seeing you on (and in) the water!

Kind regards,
Viki
she/her